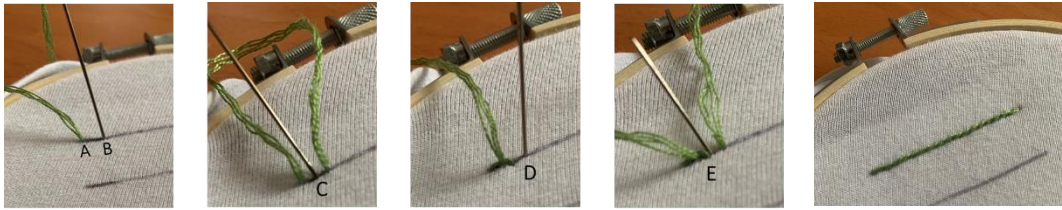


## Common Stitch Guide

### Outline Stitch



Insert the thread from under the fabric at point **A**, come back through the fabric at point **B**. Bring the thread up through point **C** which should be halfway between **A** and **B**, keeping the thread loop above the line. Insert the needle back through point **D** and up through point **E** which should meet point **B**. Repeat along the line.

### Back Stitch



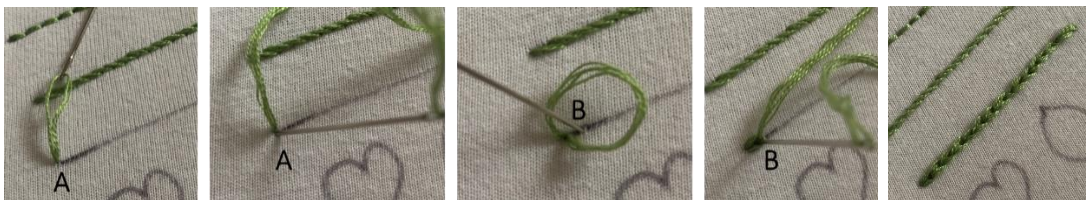
Bring the thread up through the fabric at point **A** and reinsert at point **B**. Bring the thread up through point **C** which should be a similar distance from point **B** as point **A**. Insert the thread back through point **D** which should be next to point **B**. Repeat this pattern along the line.

### Stem Stitch



Bring the thread up through point **A** and reinsert and point **B**. Bring the thread back through the fabric at point **C** in the middle of point **A** and **B**, keep the thread loop below the line. Reinsert the thread through point **D**, repeat this along the line.

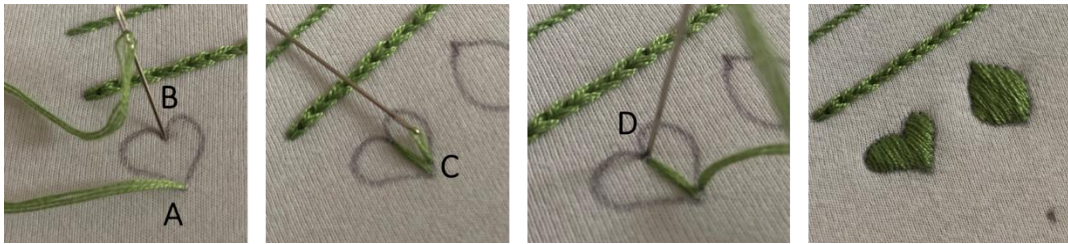
### Chain Stitch



Bring the thread up through point **A** and reinsert the needle through the same point to create a loop as shown. Keeping the loop bring the thread up through point **B** and

reinsert into the same point again. Repeat this along the line for the result shown on the right.

### Satin Stitch



Insert the thread from the back of the fabric through point **A** and reinsert at point **B**. Bring the thread up at point **C** which should be right next to point **A** along the pattern line. Reinsert at point **D** which should be right next to point **B**. Repeat this following the shape of the pattern.

### French Knot



Bring the thread up through the fabric where you want the knot. Wrap the thread away from you around the needle twice as shown above. Keeping hold of the thread to make sure the knot stays at the bottom of the needle pierce the needle back through the same spot and pull it through.