



#TinyRevolutions – Little Box of Friendship

Here's a Tiny Revolution in progress from [Footprints Theatre Company](https://www.funpalaces.co.uk/).

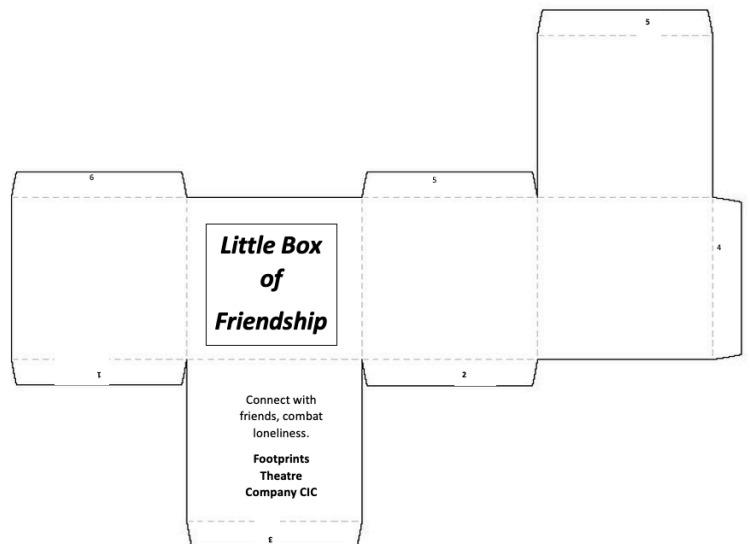
Sending virtual hugs to strangers.

“Footprints is exploring the loneliness that people can feel when they are isolated, whether that is because they are disabled, elderly, suffering with mental health issues or have been in lockdown. We would like to help people feel confident to talk about their experiences by presenting them with an opportunity to voice how they feel through ‘The Little Box of Friendship’.

‘The Little Box of Friendship’ is a small hand-made box, colourfully decorated. This box will contain a ‘Love Heart’ sweet, messages of encouragement, photos of the natural world and a letter from Footprints explaining the project and inviting people to respond back to us.

The Little Box of Friendship will be delivered personally to people’s doorsteps with details inside of how people can share their thoughts and feelings with us. Our aim is to re-connect people that receive these boxes and help them to feel supported and listened to.”

Here's the template (not to scale – unless it's a Tiny Box of Friendship?) so you can create a Little Box of Friendship yourself and share with neighbour or stranger who might need it. You might include a printout of this PDF so they can make their own to pass on to someone else. Let us know how it goes.



to share your own #TinyRevolutions ideas contact Fun Palaces
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